

2019 Iyengar Yoga With Evlaleah / Ongoing Classes, Clinics & Consults

Class, Clinic & Consult Locations	
YOGA CLASSES & SPINE CLINICS / ISABEL COOK	ELEMENTARY SCHOOL 1000 SIR FRANCIS DRAKE, SAN ANSELMO, 94960
CLASSES, CONSULTS & SPINE CLINICS / YOGA CENTER OF MARIN (YCOM)	518 A TAMALPAIS DR, CORTE MADERA, CA 94925

General Classes & Spine Clinics			
Day	Class Type	Class Times	Location
Monday	All Levels	9:00 to 10:30 am	Yoga Center of Marin
Monday	Restorative Spine Clinic	7:00 to 8:45 pm	Yoga Center of Marin
Tuesday	All Levels	9:00 to 10:30 am	Isabel Cook Elementary School
Tuesday	Spine Clinic	10:30 to 12:30	Isabel Cook Elementary School
Thursday	All Levels	9:00 to 10:30 am	Isabel Cook Elementary School
Saturday	All Levels	9:00 to 10:30 am	Isabel Cook Elementary School
Saturday	Spine Clinic	11:00 to 1:00 pm	Isabel Cook Elementary School
Sunday	All Levels	10:00 to 11:30 am	Isabel Cook Elementary School

Private Consultation Hours		
Day	Hours	Location
Mon, Tue, Wed, Fri	11:30 to 5:30 pm	YCOM
Thursday	1:00 to 8:00 pm	YCOM - am; San Francisco - pm
Saturday / Sunday	12:30 to 4:30 pm	YCOM

Contact / Connect	
Cell / Text: 415 407-5752 Office 415 626-8441	evlaleah@mac.com iyengaryogamarin.com yogamedica.com

General Fees	Therapeutic Fees
1/\$24 5/\$105 10/\$200 20/\$370 Newcomers 4/\$65	Spine Clinics 1/\$60 6/\$325 10/\$460 Private Consults 1 / \$335/2 Hours Bulk Rate 5+

Evlaleah Bio	
Named 1 of a 100 most influential heroes of the 20th century, Time Mag, '03, B.K.S. Iyengar trained me to practice, teach, train teachers and dispense therapeutic treatments.	Applying his methods, SF Bay Area orthopedic groups, patients, Blue Cross-Blue Shield designated it: <i>'best rehab program.'</i>

Certified Senior Level Teacher, Licensed Spinal Therapist/ Mentored by B.K.S. Iyengar

